



**Your healthcare provider asked you to collect urine for 24 hours for a SPECIAL TEST.**

You have to take certain precautions before collecting the urine specimen, as certain foods, drinks or drugs could affect the results of your test result.

Restrictions before testing for pheochromocytoma (at least 4 days before test):

- chocolate, coffee, and other caffeine-containing drinks like Red Bull
- avocados, bananas, foods containing vanilla, citrus fruits
- soy sauce, peppers
- fermented/smoked cheese, smoked/aged fish/meat (salami, pepperoni, bologna)
- Chianti, imported beer, champagne, certain wines
- certain over the counter decongestants
- asthma medications (bronchodilators)
- acetaminophen, aspirin, cocaine
- certain blood pressure drugs (please talk with your healthcare provider)

Restrictions before testing for 5-HIAA testing (at least 4 days prior to test):

- avocados, bananas, pineapple, plums, kiwi, walnuts, pecans, hickory nuts
- eggplant, tomatoes
- coffee, and other caffeine-containing drinks like Red Bull
- certain drugs: acetaminophen, coumaric acid, guaifenisin, cough medication containing glycerol guaiacolate, mephenisin, phenobarbital, reserpine, acetanilid, ephedrine, methamphetamine, nicotine, phentolamine, phenmetrazine, caffeine, flououracil, melphalan, methocarbamol, phenacetin, mesalamine, corticotrophin, ethanol, imiprimine, levodopa, MAO inhibitors, phenothiazines, aspirin, isoniazid, gentisic acid, methenamine, streptozotocin, heparin, methyl dopa

Note. certain antidepressant medications may interfere with the test results, but do NOT discontinue

Please do NOT discontinue any prescription medications without discussing with your providers.